

**YEARLY Requisition
of Health Education Resources to FHS (DH) for 6/2020-5/2021**

To: Health Information Section, Family Health Service, Department of Health (Attn: Ms Felicia Ip)

E-mail to info_fhs@dh.gov.hk

Fax to 2574 8977

Date (YYYY/MM/DD)

Name ☐ Dr ☐ Mr ☐ Ms

Name of Clinic / Organisation

Telephone no.

Fax no.

E-mail address

Contact person for delivery

Telephone no.

Delivery address

☐ I wish to receive further health information on maternal & child health from DH in future.

Please indicate in the appropriate box(es) the quantity of the educational materials required :

Title		Format	Language	No. of copies required	For DH Use Only
母乳餵哺 Breastfeeding					
1	愛•從母乳開始.....2020 (*New) http://s.fhs.gov.hk/0zni2	Booklet	中文		
2	Love•Starts from breastfeeding... http://s.fhs.gov.hk/ymavo	Booklet	English		
3	餵哺孩子 由你作主 (*New) http://s.fhs.gov.hk/bctmq	Booklet	中文		
4	Feeding Your Baby It's Your (Informed) Decision http://s.fhs.gov.hk/lggmo	Booklet	English		
5	Feeding your baby in the early days: what you need to know... (Part 1) http://s.fhs.gov.hk/ntbl8	Booklet	English		
6	Feeding your baby in the early days: what you need to know... (Part 2) http://s.fhs.gov.hk/2ps08	Booklet	English		
7	僱員指引 - 母乳餵哺與工作相容 http://s.fhs.gov.hk/a44sv	Booklet	中文		
8	An Employee's Guide - to Combining Breastfeeding with Work http://s.fhs.gov.hk/i9uvr	Booklet	English		
9	懷孕及哺乳期的健康飲食 http://s.fhs.gov.hk/6pc61	Booklet	中文		
10	Healthy Eating During Pregnancy and Breastfeeding http://s.fhs.gov.hk/e122r	Booklet	English		
11	全方位認識「泵奶器」 http://s.fhs.gov.hk/p7znk	Booklet	中文		
12	What you need to know about breast pumps http://s.fhs.gov.hk/77pgb	Booklet	English		
嬰幼兒健康飲食 Infant and young child feeding					
13	奶瓶餵哺指引 http://s.fhs.gov.hk/znz4w	Booklet	中文		
14	Guide to Bottle-feeding http://s.fhs.gov.hk/6tt2k	Booklet	English		
15	6 至 24 個月幼兒健康飲食 ❶ 起步篇 http://s.fhs.gov.hk/cmxpz	Booklet	中文		
16	Healthy eating for 6 to 24-month-old Children ❶ Getting Started http://s.fhs.gov.hk/22xa3	Booklet	English		
17	6 至 24 個月幼兒健康飲食 ❷ 進展篇 (上) http://s.fhs.gov.hk/u4r7j	Booklet	中文		
18	Healthy eating for 6 to 24-month-old Children ❷ Moving on http://s.fhs.gov.hk/hfttt	Booklet	English		
19	6 至 24 個月幼兒健康飲食 ❸ 進展篇 (下) http://s.fhs.gov.hk/3ocim	Booklet	中文		
20	Healthy eating for 6 to 24-month-old Children ❸ Ready to Go http://s.fhs.gov.hk/o4d67	Booklet	English		
21	7-day Healthy Meal Planning Guide 6 至 24 個月幼兒 - 7 日飲食全攻略 http://s.fhs.gov.hk/kc9ft	Booklet	Bilingual		
共享育兒樂小冊子 Happy Parenting					
22	共享育兒樂 第一冊：新生嬰兒篇 【初生至一星期】 http://s.fhs.gov.hk/jhhhn	Booklet	中文		
23	Happy Parenting Book 1: Newborn Baby 【Birth to one week】 http://s.fhs.gov.hk/8ks3r	Booklet	English		

健康資訊二維條碼索引 QR Code leaflets on health education resources					
24	愛•從母乳開始影片二維條碼索引 Love · Starts from breastfeeding video clips QR Code Index http://s.fhs.gov.hk/inrl8	QRC leaflet	Bilingual		
25	共享育兒樂 第一冊：新生嬰兒篇 【初生至一星期】 Happy Parenting Book 1: Newborn Baby 【Birth to one week】 http://s.fhs.gov.hk/sq66c	QRC leaflet	Bilingual		
26	共享育兒樂 第二冊：新生嬰兒篇 【一星期至一個月】 Happy Parenting Book 2: Newborn Baby 【1 week to 1 month】 http://s.fhs.gov.hk/tasa1	QRC leaflet	Bilingual		
27	共享育兒樂 第三冊：嬰幼兒篇 Happy Parenting Book 3: Infant & Toddler http://s.fhs.gov.hk/qua7r	QRC leaflet	Bilingual		
28	共享育兒樂 第四冊：幼童篇 Happy Parenting Book 4: Preschool Children http://s.fhs.gov.hk/6jq9i	QRC leaflet	Bilingual		
29	共享育兒樂 第五冊：學前兒童篇 Happy Parenting Book 4: Preschool Children http://s.fhs.gov.hk/8gx4k	QRC leaflet	Bilingual		
30	孕媽媽實用手冊 Your Pregnancy Guide http://s.fhs.gov.hk/gdjml	QRC leaflet	Bilingual		
31	嬰幼兒護理影片二維條碼索引 Babycare Audio-visual Resources QR Code Index http://s.fhs.gov.hk/2ny54	QRC leaflet	Bilingual		
海報 Poster					
32	歡迎你在本醫院/診所餵哺母乳 (A3 size) You are welcome to breastfeed here (A3 size) http://s.fhs.gov.hk/3omax	Poster	Bilingual		
33	母乳餵哺及相關資訊 (二維條碼索引) (A3 size) Breastfeeding & Related Information (A3 size) http://s.fhs.gov.hk/ttqy5	Poster	Bilingual		
34	育兒及兒童發展 (二維條碼索引) (A3 size) Parenting & Child Development (A3 size) http://s.fhs.gov.hk/779zi	Poster	Bilingual		
35	嬰幼兒飲食資訊 (二維條碼索引) (A3 size) Healthy Eating for Young Children (A3 size) http://s.fhs.gov.hk/1v3zn	Poster	Bilingual		
36	嬰兒肚餓的信號 (A3 size) Baby feeding cues (signs) (A3 size) http://s.fhs.gov.hk/kj6a7	Poster	Bilingual		
37	餵養嬰幼兒的要點 (A3 size) http://s.fhs.gov.hk/b4jre	Poster	中文		
38	The Essentials of Infant & Young Child Feeding (A3 size) http://s.fhs.gov.hk/xob4l	Poster	English		
39	Recommendation on Formula Milk Feeding for Young Child (A3 size) http://s.fhs.gov.hk/75bn6	Poster	English		
40	寶寶飲用配方奶的建議 (A3 size) http://s.fhs.gov.hk/elunv	Poster	中文		
41	正面管教 (二維條碼索引) (A3 size) Positive Parenting (A3 size) http://s.fhs.gov.hk/23ax3	Poster	Bilingual		
42	為孩子學習作準備 (二維條碼索引) (A3 size) Get Ready for Learning (A3 size) http://s.fhs.gov.hk/hakg8	Poster	Bilingual		
43	培養孩子的社交情緒發展 (二維條碼索引) (A3 size) Nurturing Social & Emotional Development (A3 size) http://s.fhs.gov.hk/uh338	Poster	Bilingual		
其他 Others					
44	Breastfeeding and Medication Q&A	Card	English		

Please note:

The Department of Health reserves the right to decide on the quantity of materials provided.

The information contained in this form will be used for processing this order and for dissemination of health information from the FHS (DH)