Child Health Indicators - development and uses

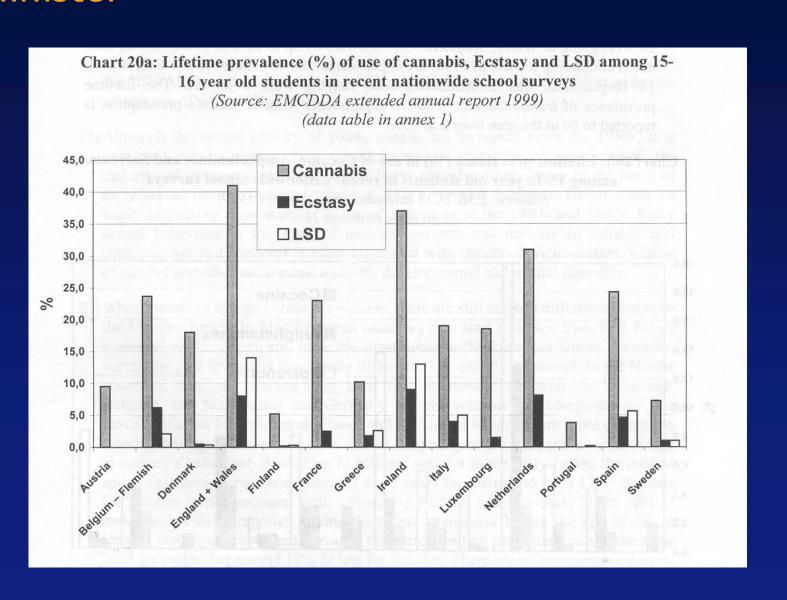
Hong Kong Sept 2012

Prof.Mitch Blair North West London Hospitals Imperial College London and Royal College of Paediatrics and Child Health

Imagine....you are the Portugal health minister

Chart 8: Life expectancy at age 15 (years of life remaining) - Males (source: Eurostat 1999) (data table in annex 1) 60 59 years 58 57 56 55 1997 1996 1985 1986 1987 -X France -X-Finland Denmark -Belgium → Austria Luxembourg Greece — Germany - United Kingdom X Spain Sweden Netherlands ----Portugal

Imagine....you are the Portugal health minister



What are indicators, and why are they so important?

• Indicators are **succinct** measures that aim to **describe** as much about a system as possible in as few points as possible (*L. indicare*)

• indicators help us **understand** a system, **compare** it and **improve** it.

The three key roles of measurement

1. for understanding: to know how a system works and how it might be improved (research role)

2. for **performance**: monitoring if and how a system is performing to an agreed standard (performance/managerial/improvement role)

The three key roles of measurement

3. for accountability: allowing us to hold ourselves up to patients, the government and taxpayers and be openly scrutinised as individuals, teams and organisations (accountability/democratic role).

Why are people suspicious and mistrustful towards indicators?

 indicators very often make people and organisations feel vulnerable, exposed and defensive.

Four things to know and accept about indicators

- Indicators only indicate
- Indicators encourage explicitness
- Indicators usually rely on numbers and numerical techniques
- Indicators should not just be associated with fault-finding

How is an indicator constructed? -the basic anatomy

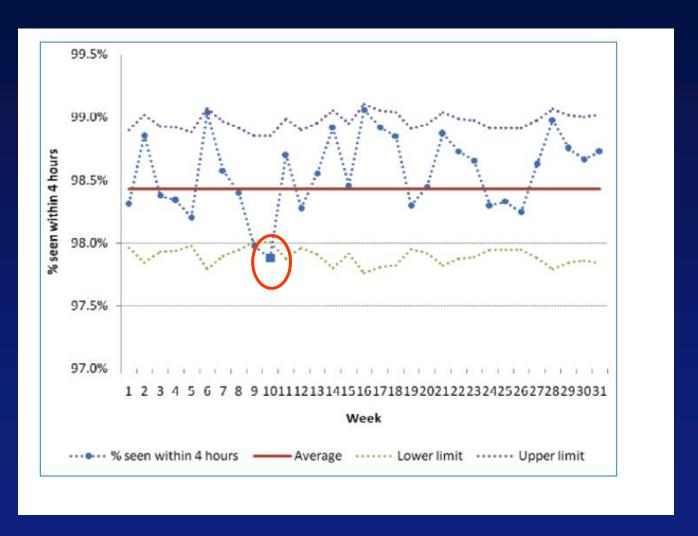
the metadata the data the title how the indicator is defined the numbers that are fed into it the infant mortality the number of deaths of 56 deaths of children aged less than 1 year children under rate for every 1000 live births in the age of one that community in the same in a community where there year have been local infant mortality 4963 live births rate = 56 deaths for4963 live births = approx 9 deaths per 1000 live births)

Display of indicator data

- the normal, everyday, inevitable (and usually unimportant), variation which is intrinsic and natural to any system 'common cause variation'
- and the more important variation which is indicative of something special happening and which calls for a fuller understanding and often action – 'special cause variation'.

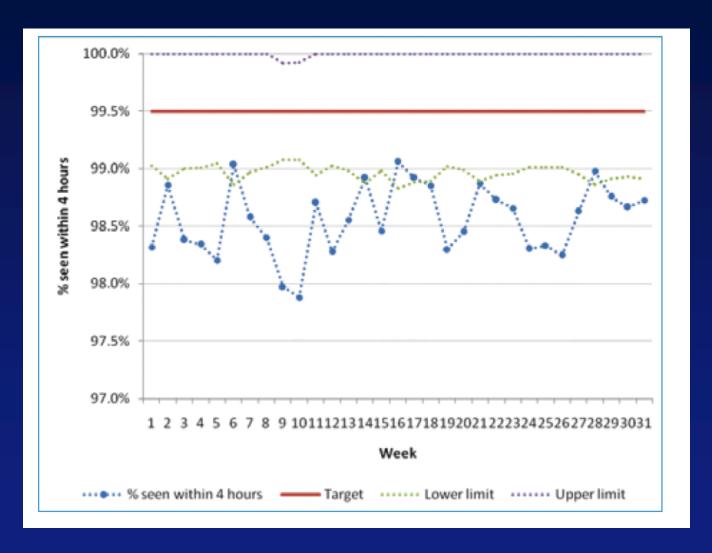
Display of indicator data-

accident and emergency attendance in a hospital



Display of indicator data-

accident and emergency attendance in a hospital



'Ultimately, the ability to lead depends on one's ability to understand variation'.

W Edwards Deming

'I am not interested in measurement per se. I am obsessed by improvement and the role measurement has in **that** process.'

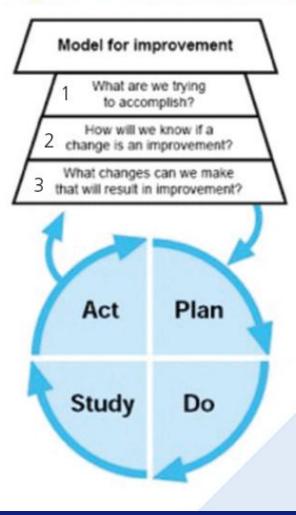
> Don Berwick, Institute for Healthcare Improvement

'People change what they do less because they are given analysis that shifts their thinking, than because they are shown a truth that influences their feelings'.

Prof John Kotter, Harvard Business School

For instance... It is usually more powerful to say that "half of all smokers will die early because they smoke" than "over 100,000 smokers die prematurely each year".

Figure 1: The Model for improvement



- The conversation leading to agreed, measurable objectives
- Well-designed indicators that measure the right data; in the right parts of the system; at the right time
- Indicators that help you understand what part of the system to change and how

Development of Child Health Indicators of Life and Development (CHILD) in Europe

Origins of CHILD Child Health Indicators of Life and Development

- EU Post Maastricht Treaty
 - Interest in public health
 - Information and Measurement key first steps
 - Health Monitoring Programme
 - CHILD as a third wave project

CHILD Project

- 2000 2002
- 17 Countries
 - 15 Member States; + Norway, Iceland
- Integrated Membership Structure
 - All national members considered experts
 - Project Chair balancing role
 - Expert Panel European critical review

CHILD Remit

- Recommend indicators at National level
- Appraisal of evidence base
- Results to be implemented as EU directive
- Covers full spectrum of Child Health

Topics

- Demography
- Socio-Economic
- Marginalised Children
- Well-being, Quality of Life
- Mental Health
- Lifestyles
- Nutrition and Physical Growth
- Development (inc. Intellectual and Social
- Mortality, Morbidity, Injuries
- Environment
- Health Promoting Policies
- Access and Utilisation of Services

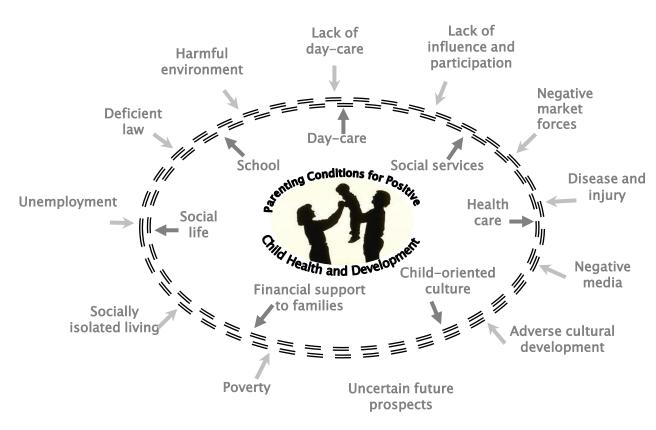
CHILD Phases

- Phase 1 Topic Analysis
 - Literature review of topics
- Phase 2 Drafting Potential Indicators
 - Developed from the topic analyses
- Phase 3 The Recommendations
 - Finalisation of Indicator Proposals
 - Final Reports

CHILD Philosophy

- Health Status, Outcome
 - Death, illness, etc. important, too late
- Health Determinants
 - Preventive, more important
- Burden of Ill health
 - Illness, social cost, loss of education
 - Determining Priority

Breadth of Determinants



Adapted by Gunnlaugsson G and Rigby M from Skolhälsovården 1998. Underlag för egen kontroll och tillsyn. Stockholm: Socialstyrelsen, 1998.

Scientific principles and quality criteria

- Validity
 - > Face-, Content-, Construct Validity
- Reliability
 - > refers to data consistency over time
- Sensitivity

Short-Listing Criteria

- 1. Significance of Burden to Society
- 2. Significance of Burden to Family
- 3. Significance of Burden to Individual
- 4. Objective, based on research
- 5. Representative of Large Population Groups
- 6. Regularity and Repeatability (trend analysis)
- 7. Amenable to Effective Action
- 8. Data Availability
- 9. Understandable to broad audience

Presentation of Indicators

- Rationale/ justification
- Operational definition
- Technical criteria and formulae
- Data sources and availability
- References

CHILD Results

41 indicators - some traditional some novel thematic spread

17 areas need research current evidence not adequate

CHILD Indicators www.europa.eu.int

A. Demographic & Socio-Economic

- A 1 Socio-economic Circumstances
- A 2 Children in Poverty
- A 3 Parental Educational Attainment
- A 4 Child in Single Parent Households
- A 5 Asylum Seekers

B. Child Health Status, Well-being Child Mortality

- B 1 Child Mortality Rates
- B 2 Selected Cause-specific Mortality

Child Morbidity

- B 3 Cancer
- B 4 Diabetes
- B 5 Asthma
- **B** 6 Infectious Diseases
- B 7 Dental Morbidity

Injuries to Children

- B 8 Burns Necessitating Admission
- B 9 Poisoning Necessitating Admission
- B 10 Fracture of Long-bones

Mental Health of Children

B 11 Attempted Suicide

CHILD Indicators www.europa.eu.int

C. Health Determinants, Risk, and Protective Factors

Parental Determinants

- C 1 Breastfeeding
- C 2 Household Environmental Tobacco
- C 3 Parental Support

Child Lifestyle Determinants

- C 4 Physical Activity
- C 5 Tobacco Smoking
- C 6 Alcohol Abuse
- C 7 Substance Misuse

Other Factors

- C 8 Overweight and Obesity
- C 9 Children in Care
- C 10 Early School Leavers
- C 11 Educational Enrolment
- C 12 Air Pollution Exposure

CHILD Indicators www.europa.eu.int

D. Child Health Systems & Policy Health Systems Policy

D 1 Marginalised Children's Health Care

D 2 Parental Inpatient Accompaniment

Health System Quality

D 3 Immunisation Coverage

D 4 Leukaemia 5-year Survival

Social Policy Indicators

D 5 Physical Punishment

D 6 Anti-bullying policies in schools

Physical Protection Policy

D 7 Child Transportation Safety

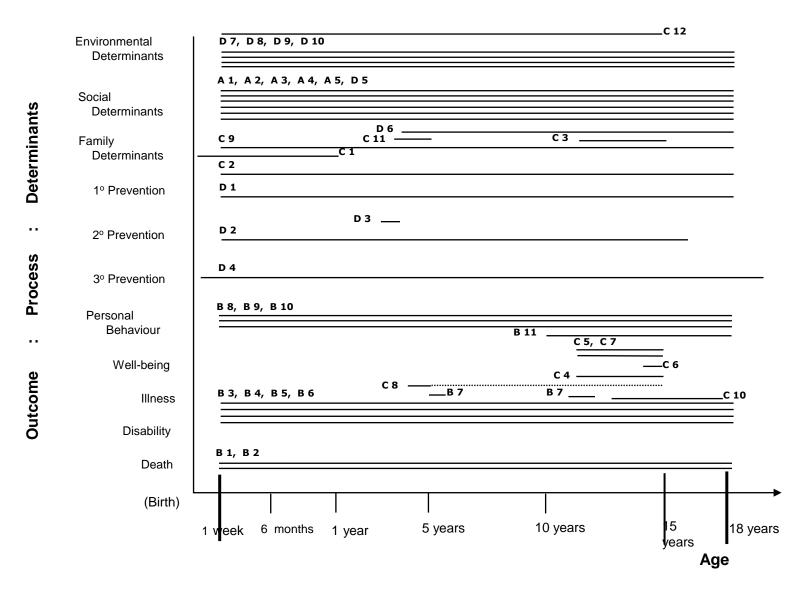
D 8 Exposure to Lead

D 9 Exposure to Hazardous Noise

D 10 Environmental Tobacco Smoke

Spread of CHILD Indicators

Aspects Measured



CHILD Further Research Areas

Child Abuse

Childhood Behaviour Disorders

Learning Disorders/Intellectual Disability

Educational Development

Perceived Well-being, Quality of Life and Positive Mental Health

Children with Permanent or Severe Disability

Family Cohesion and Social Cohesion

Nutritional Habits

Health Care Access

Inpatient Service Quality

Health Service Access for Socially Restricted Children

Medication

Play and Leisure

Assessment of Children with Special Needs

Integration of Children with Special Needs

Healthy Parenting

Mental Health Education

Conclusion

- CHILD reached consensus on a broad remit
- A spread of indicators was achieved (routine and survey)
- This has been used within an overall set of EU Health Monitoring Indicators and as part of WHO Child and Youth Health Strategy
- CHILD results have started to increase profile of children's health issues in UK and Europe

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 Director of Health, IcelandCentre for Child Health Services, Reykjavik
- Norway Dr. Rannveig NordhagenNorwegian Institute of Public Health

What indicators are being used now for school aged children?

Examples

 UNICEF / WHO HBSC Health Behaviour of Schoolchildren UNICEF Innocenti Research Centre Report Card 7

Child poverty in perspective:

An overview of child well-being in rich countries

A comprehensive assessment of the lives and well-being of children and adolescents in the economically advanced nations The true measure of a nation's standing is how well it attends to its children – their health and safety, their material security, their education and socialization, and their sense of being loved, valued, and included in the families and societies into which they are born.

For every child Health, Education, Equality, Protection ADVANCE HUMANITY



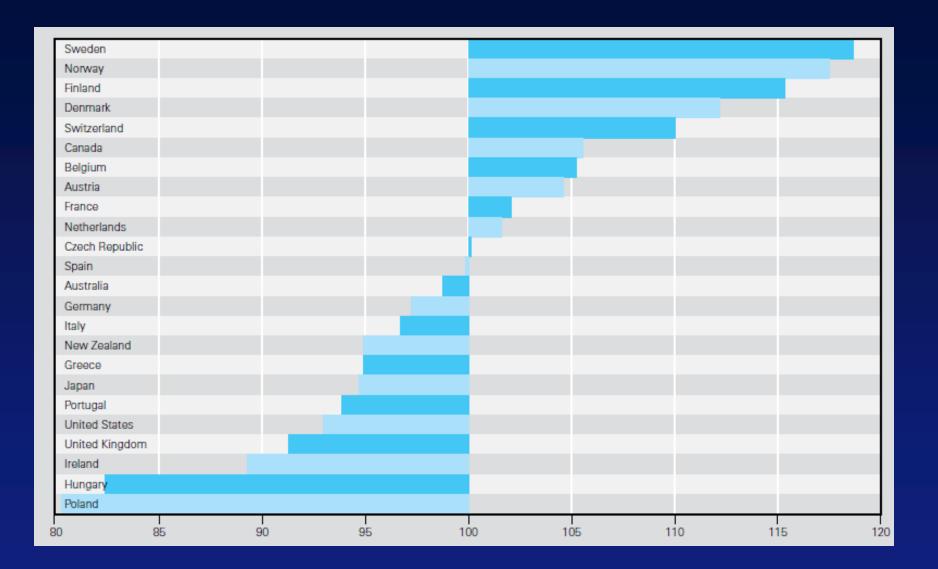
How was wellbeing defined?

		Dimension 1	Dimension 2	Dimension 3	Dimension 4	Dimension 5	Dimension 6
Dimensions of child well-being	Average ranking position (for all 6 dimensions)	Material well-being	Health and safety	Educational well-being	Family and peer relationships	Behaviours and risks	Subjective well-being
Netherlands	4.2	10	2	6	3	3	1
Sweden	5.0	1	1	5	15	1	7
Denmark	7.2	4	4	8	9	6	12
Finland	7.5	3	3	4	17	7	11
Spain	8.0	12	6	15	8	5	2
Switzerland	8.3	5	9	14	4	12	6
Norway	8.7	2	8	11	10	13	8
Italy	10.0	14	5	20	1	10	10
Ireland	10.2	19	19	7	7	4	5
Belgium	10.7	7	16	1	5	19	16
Germany	11.2	13	11	10	13	11	9
Canada	11.8	6	13	2	18	17	15
Greece	11.8	15	18	16	11	8	3
Poland	12.3	21	15	3	14	2	19
Czech Republic	12.5	11	10	9	19	9	17
France	13.0	9	7	18	12	14	18
Portugal	13.7	16	14	21	2	15	14
Austria	13.8	8	20	19	16	16	4
Hungary	14.5	20	17	13	6	18	13
United States	18.0	17	21	12	20	20	-
United Kingdom	18.2	18	12	17	21	21	20

OECD countries with insufficient data to be included in the overview: Australia, Iceland, Japan, Luxembourg, Mexico, New Zealand, the Slovak Republic, South Korea, Turkey.

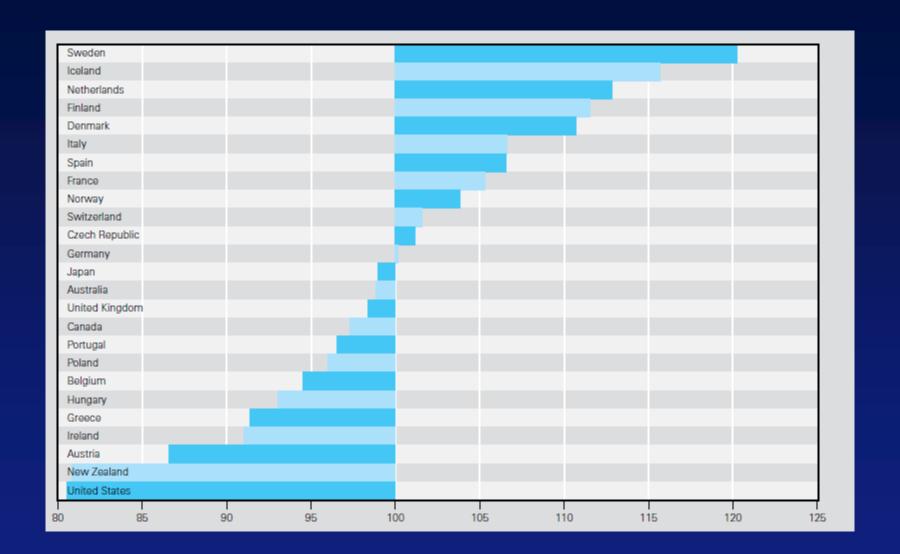
Dimension 1	Dimension 2	Dimension 3	Dimension 4	Dimension 5	Dimension 6
Material well-being	Health and safety	Educational well-being	Family and peer relationships	Behaviours and risks	Subjective well-being

	COMPONENTS	INDICATORS
	relative income poverty	 percentage of children living in homes with equivalent incomes below 50% of the national median
,	households without jobs	- percentage of children in families without an employed adult
	reported deprivation	- percentage of children reporting low family affluence
		 percentage of children reporting few educational resources
		 percentage of children reporting fewer than 10 books in the home

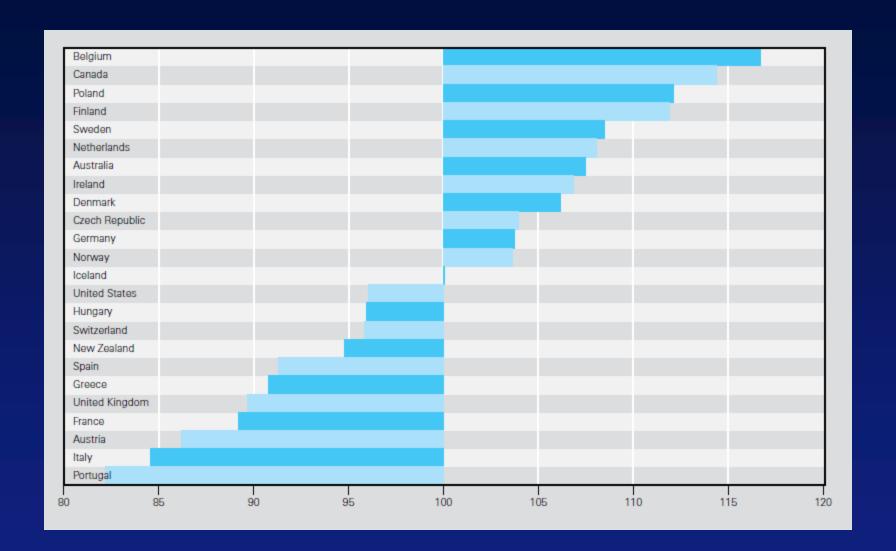


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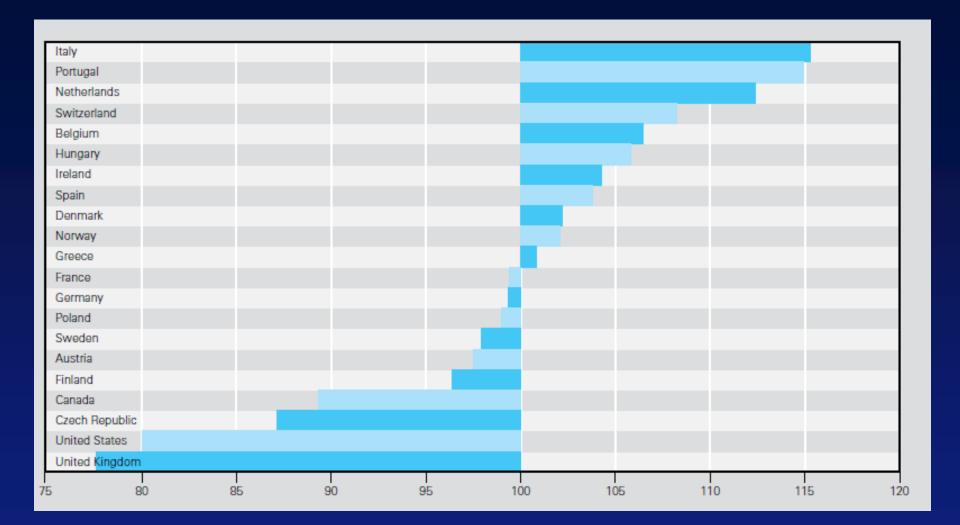
COMPONENTS	INDICATORS
health at age 0-1	 number of infants dying before age 1 per 1,000 births percentage of infants born with low birth weight (<2500g.)
preventative health services	- percentage of children age 12 to 23 months immunized against measles, DPT, and polio
safety	– deaths from accidents and injuries per 100,000 aged 0 – 19



	COMPONENTS	INDICATORS				
βι	school achievement at age 15	 average achievement in reading literacy average achievement in mathematical literacy average achievement in science literacy 				
well-bein	beyond basics	– percentage aged 15-19 remaining in education				
Educational well-being	the transition to employment	- percentage aged 15-19 not in education, training or employment - percentage of 15 year-olds expecting to find low-skilled work				



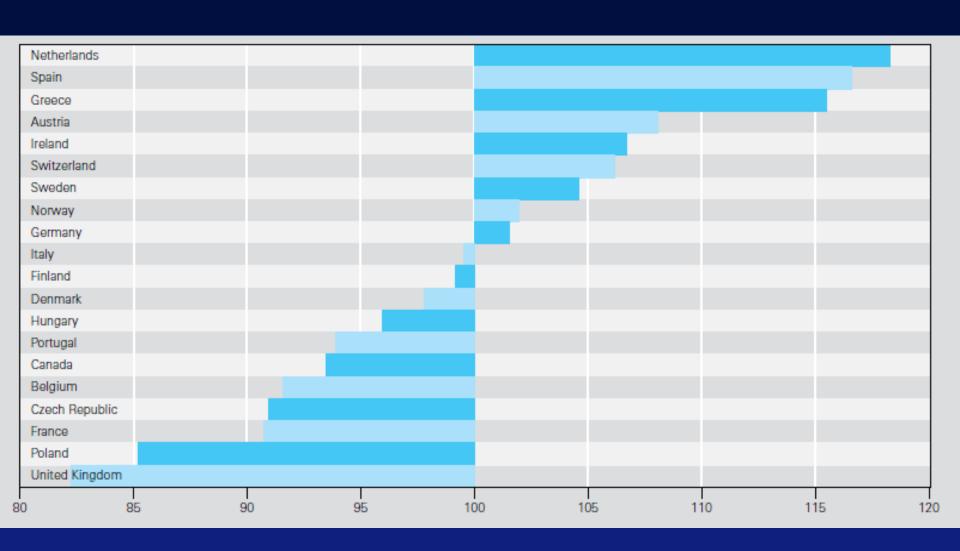
	COMPONENTS	INDICATORS
	family structure	 percentage of children living in single-parent families percentage of children living in stepfamilies
nships	family relationships	 percentage of children who report eating the main meal of the day with parents more than once a week percentage of children who report that parents spend time 'just talking' to them
Relationships	peer relationships	- percentage of 11, 13 and 15 year-olds who report finding their peers 'kind and helpful'



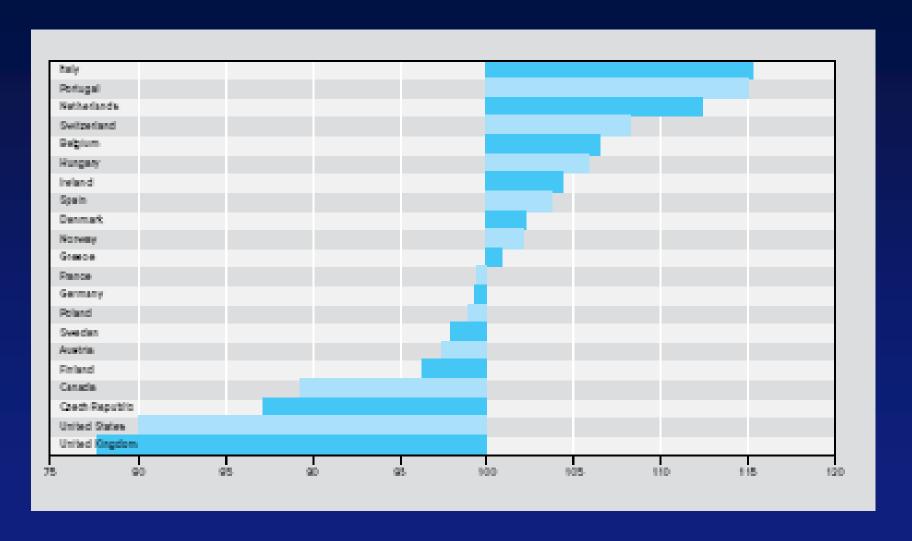
	COMPONENTS	INDICATORS
	health behaviours	 percentage of children who eat breakfast percentage who eat fruit daily percentage physically active percentage overweight
s and risk	risk behaviours	 percentage of 15 year-olds who smoke percentage who have been drunk more than twice percentage who use cannabis percentage having sex by age 15 percentage who use condoms teenage fertility rate
Behaviours and risk	experience of violence	- percentage of 11, 13 and 15 year- olds involved in fighting in last 12 months - percentage reporting being bullied in last 2 months



	COMPONENTS	INDICATORS
	health	- percentage of young people rating their own health no more than 'fair' or 'poor'
II-being	school life	- percentage of young people 'liking school a lot'
Subjective well-being	personal well- being	 percentage of children rating themselves above the mid-point of a 'Life Satisfaction Scale' percentage of children reporting negatively about personal well-being



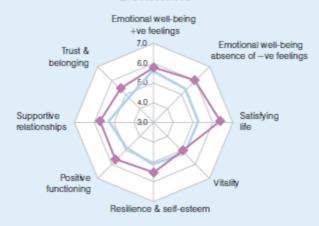
Quality of Childrens reported Relationships in OECD countries



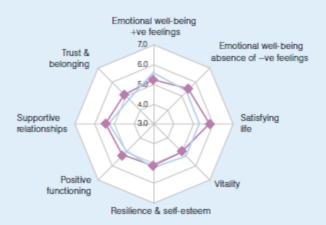
A different way of displaying data

Figure 8. Well-being profiles among 16-24-year-olds

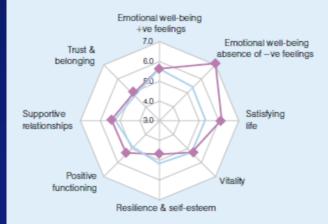
Denmark



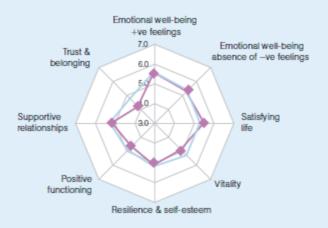
Sweden



Finland



UK





Child well-being in the UK, Spain and Sweden:

The role of inequality and materialism



- Time
- Materialism
- Inequalities

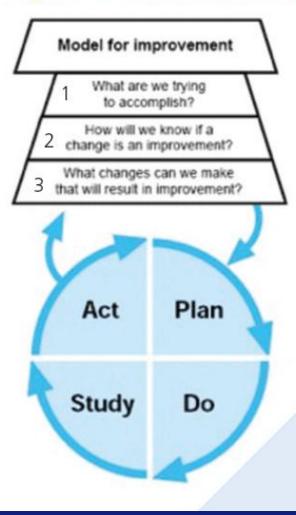
- "Well-being is about friends, also being healthy, independent and having a job, feeling safe and secure. We live in a very unequal society where some people have a lot, and too many people have too little. More well-being brings benefits to us as individuals and to society as a whole."
- Young Person's Reference Group, 2009

- "Children's wellbeing indicators are on the move from concentrating only on trends of dying, distress, disability and discomfort, to tackling the issue of indicators of sparkle, satisfaction and wellbeing"
- Resnick 1995

Indicators-shifts in focus

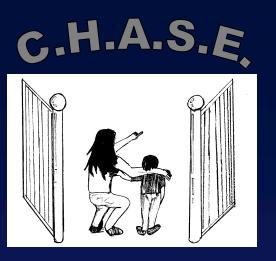
- Negative to positive
- Incorporation of children's rights
- Well becoming to subjective well being
- Professionally determined to cutting across professions
- Adult perspective to child perspective as well
- National to smaller geographical units
- Move to composite indicators
- Efforts guided by policy relevance
- www.childindicators.org

Figure 1: The Model for improvement



- The conversation leading to agreed, measurable objectives
- Well-designed indicators that measure the right data; in the right parts of the system; at the right time
- Indicators that help you understand what part of the system to change and how

The "conversation" around school entrants in the UK



AIMS

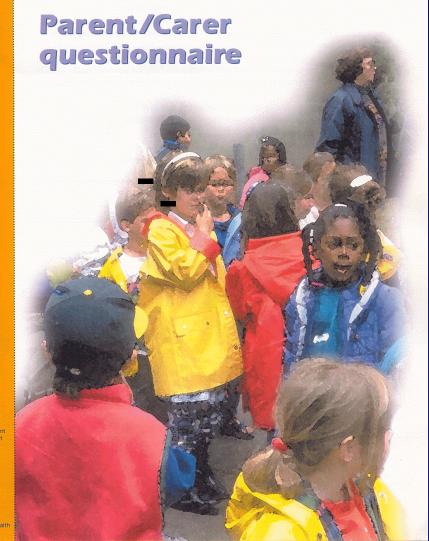
 To develop a multi-professional consensus on the components of children's health and well being.

 To use this consensus to develop a comprehensive questionnaire to capture the multiple dimensions of health in London's children.

 To assess the feasibility, data quality, reliability and validity of the questionnaire.

CHASE

The Child Health Assessment at School Entry project





Indicator	Response	School 1 n (%)	Total n	School 2 n (%)	Total n	Norm (%)
Response rate		23 (82)	28	36 (74)	49	-
Longstanding illness or disability	Yes	3 (14)	21	6 (17)	36	13
Immunisations: MMR 1	Uptake	16(70)	23	35 (97)	34	84
Temporary accommodation in last 2 years	Yes	1 (5)	22	1 (3)	36	2
BMI	Overweight (>85 th centile)	4 (17)	23	15 (44)	34	18.7
SDQ Hyperactivty	Borderline Abnormal	1 (5) 4 (18)	22	1 (3) 2 (6)	34	7.7 16
CHQ-PF28 self- esteem		Mean 83	22	Mean 93	35	Mean 87

Action?

- Pastoral care support/counsellor
- Special educational needs /school nurse support
- Obesity prevention
- Immunisation campaign
- Outreach to temporary accomodation

Child Health and Maternity Information (CHIMAT) www.chimat.org.uk

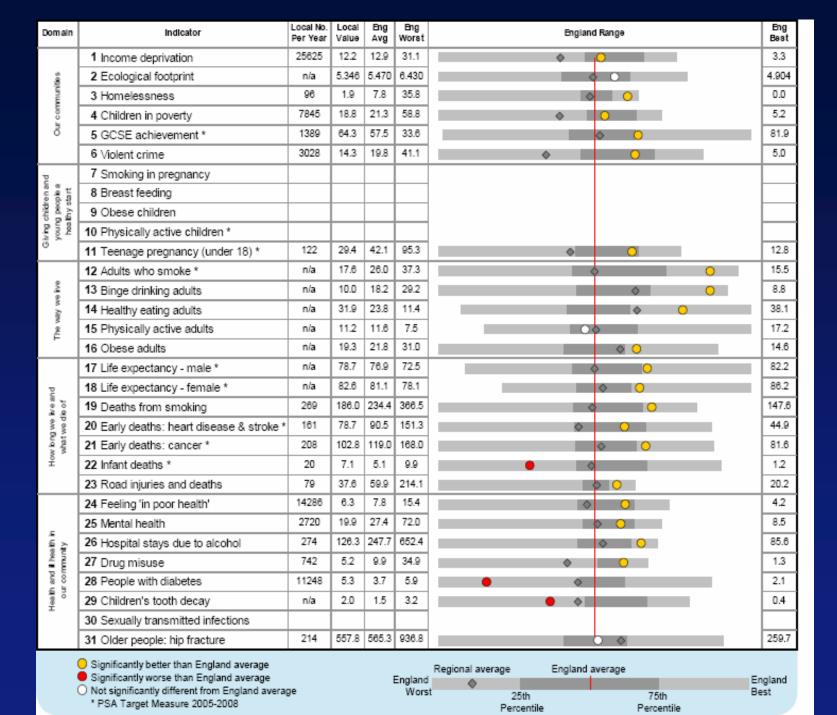


Table E2: Local indicators known to have a positive impact on infant mortality by London PCTs

		T		I	ı	T			T			
					1				% of de	liveries		
			Projected to	%mothers	1	Projected to			code			
	%mothers	%smoking in	,	initiating	%initiating	meet year	%earl	ly book	gestation		%of de	eliveries
	smokingin	pregnancy	end 2007/08		breastfeeding			han 12	first an			dwith
PCTs	pregnancy*	unknown	Q4**	***	unknown	Q4**	1	eks)	boo			nicity
Year	2006		-	2009	2006	-, -		2005/06				
Barking & Dagenham	9.4		YES	66.3		YES	27.6	25.1	95.3	95.4	71.1	75.0
Barnet	14.4	1.7		89.1		YES	4.6	72	83.7	83.5	85.8	88.7
Bexlev	16.1		YES	72.1		YES	0.4	40	81	10.6	88.5	86.2
Brent	6.6		YES	67.8		PDR	10.7	14.1	65.3	71.8	728	84.3
Bromlev	6.1		YES	72.3		PDR	0.1	16.7	0.7	0.6	64.8	65.4
Camden	7		NO	79.1		PDR	6.7	10.9	72.3	58.2	82.2	91.4
City & Hackney	7.5		NO	82.1	62	YES	8.4	24.2	725	7.9	78.1	83.3
Crovdon	9		NO	80.6	32	YES	0.1	14.3	0.6	0.6	929	91.9
Ealing	6.5		YES	84		PDR	8.2	10.3	62.4	65.4	90.7	93.7
Enfield	17.5		NO	84.1		YES	14.2	19.3	77.6	63.0	93.5	96.3
Greenwich	12.4	21	YES	71.9		NO	2.0	3.7	38.5	36.6	95.8	94.0
Hammersmith & Fulham	7.2		NO	81.2	1.3	PDR	6.4	19.7	46.7	76.4	83.7	85.8
Haringey	12.3	1.5	NO	86.1	3.5	YES	5.7	13.7	42.3	28.6	87.0	90.8
Harrow	8.8	25	YES	66.6	7.4	YES	18.5	19.9	80.3	57.1	64.0	81.1
Havering	6.1	24	YES	63.6	3	NO	18.5	18.8	95.0	96.5	94.1	95.3
Hillingdon	13.5	0	YES	51.1	0	NO	3.8	5.2	65.4	82.8	62.0	78.6
Hounslow	11.1	1.3	YES	823	21	YES	10.5	22.6	82.7	24.0	97.1	98.5
Islington	12.6	1.8	NO.	81.7	5	YES	5.4	15.7	41.2	14.8	80.7	89.6
Kensington & Chelsea	3.5	15.5	YES	87.7	1.1	PDR	22	18.4	16.3	73.1	80.2	74.6
Kingstan	6.5	0	NO.	89.5	0	PDR	0.1	8.6	1.8	1.6	91.0	95.6
Lambeth	5.5	23	YES	89.6	1.6	PDR	9.4	35.0	43.0	421	93.8	94.8
Lewisham	8.8	11.6	YES	83.9	6.6	PDR	24	26.4	10.2	11.2	81.1	71.2
Newham	5.8	3.9	NO	70.9	5.2	NO	11.1	19.3	81.8	23.9	94.2	91.4
Redbridge	5.1	4.5	NO	80.7	27	YES	421	43.1	97.5	96.4	90.4	89.8
Richmond & Twickenham	5.3	0	YES	91	0	PDR	4.2	23.1	33.2	13.5	91.0	94.1
Southwark	6.8	22	YES	86.8	1.4	PDR	7.2	27.9	38.7	38.3	94.0	94.7
Sutton & Merton	5.2	29.5	YES	71.4	10	YES	0.0	25.3	0.6	1.7	90.0	82.2
Tower Hamlets	4.4	0.9	NO	76.8	3	YES	54.8	64.1	928	89.1	93.0	94.3
Waltham Forest	9.9	13.6	NO	82.2	3.5	PDR	18.0	39.6	96.6	91.4	81.8	821
Wandsworth	6.5	27	YES	80.9	0.9	NO	0.9	24.0	7.5	28.4	83.8	83.7
Westminster	6.8	1.7	NO.	80	5.4	PDR	22	124	14.5	77.4	79.7	83.1
									_			

PDR poor data recording in earlier years 03/04 and 04/05, unable to work out growth using this data

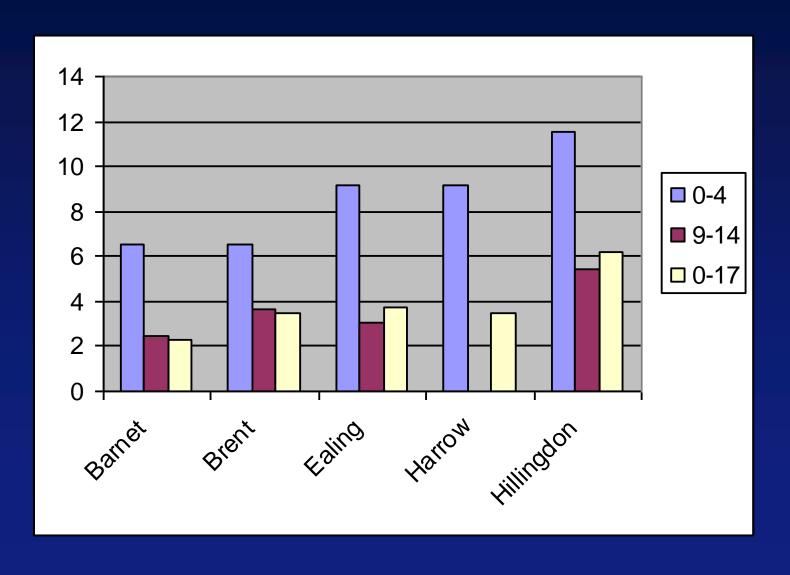
>10%	>5%	NO	<75%	>5%	NO	< 10%	<50%	<80%
5-10%	1-5%		75-85%	1-5%	PDR	10-50%	50-80%	80-90%
<5%	<1%	YES	>85%	<1%	YES	>50%	>80%	>90%

^{*}this is based on mothers known to have been smoking at time of delivery

^{**}this is based on LHO performance report data projected trends

^{***}within 48 hours of birth

Burns compared 2006/7 per 10,000 children







 A single severe burn from a scalding cup of tea can result in several operations for plastic surgery and cost up to £250,000

....PREVENTABLE

Conclusions

 Indicators of child health and wellbeing are powerful tools for policy makers and clinicians to use when highlighting service needs and progress towards a common aim